

A woman with long dark hair, wearing a white floral dress, stands on a sandy beach. She is holding a clear glass jar with both hands, looking towards the ocean. The background features a blue sky with two butterflies, a blue ocean with white waves, and a sandy beach with a small stream of water. The overall scene is bright and serene.

Life Changing Treatment For The Real World



The Recovery Place

Start the path to recovery... call us today
866-977-0148



Who We Are

The multidisciplinary team at The Recovery Place is what sets our treatment center apart. We are people who genuinely care and take pride in providing the best help for people struggling with alcohol and chemical dependency, prescription drug abuse, and mental health issues. With our compassionate, individualized approach we have great success at treating those who are initially resistant to treatment. Our team of highly skilled clinicians, psychiatrists, psychologists and nurses includes people who have fought for their own recovery so they know the challenges that face someone making the decision to change their life forever.

The Recovery Place is a day/night treatment facility licensed by the Department of Children and Families. Our programs are accredited by the Joint Commission on Accreditation of Healthcare Organizations for compliance to the highest national standards for safety and quality of care.

As an integral part of treatment, clients participating in any of our full day programs return to a beautiful community housing facility steps away from our treatment center and right next to the beautiful beaches of Fort Lauderdale - the gem of Florida's East Coast.

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Treatment Programs

Our philosophy at The Recovery Place is to help people gain insight into their disease while acquiring critical life saving skills to keep them from returning to a life of dependency and destruction. We provide the most comprehensive set of treatment programs available in one treatment center in order to achieve this goal.

Detox

We work with a number of specialized Detox Centers in the area supporting a client's recovery experience from the very beginning.

Dual Diagnosis

The term "dual diagnosis" is used to describe the combination of multiple conditions of a person considered to be suffering from a mental illness and a substance abuse problem.

The goal of our Dual Diagnosis treatment is to help our clients achieve and sustain long-term management over these psychological symptoms and maintain long term sobriety. Our Dual Diagnosis treatment provides comprehensive, structured programming for adults and takes place daily.

Psychiatric evaluation, individual and group therapy, and medication management services are all included, as well as transportation, grocery shopping, and community activities.

The results of this program allows the clients to avoid hospitalization by stabilizing symptoms, developing positive coping skills and modifying troublesome behaviors in a structured and supportive setting. During the course of treatment, problems are identified, strengths and weaknesses established, and specific problem areas targeted. With the direction of our staff psychiatrist, and the support of our clinical team, clients develop individualized treatment plans with time-limited, achievable objectives.

There are many different forms of co-occurring disorders when the different types of psychiatric illnesses and different patterns of substance abuse are taken into account. In terms of recovery, the treatment for co-occurring disorders must address both psychiatric illness and the substance abuse in the same encompassing program to ensure recovery from both.



Alcohol & Drug Rehabilitation

For the individual seeking traditional addiction treatment in Florida, The Recovery Place offers a 12-step based medical model program. The traditional day/night treatment program with community housing is highly structured and individualized treatment providing a combination of treatment and recovery based services 24 hours a day, seven days a week. As with all of our treatment programs, the traditional addictions program is overseen by a group of professionals who are highly experienced in the field. This level of care is ideal for addicted individuals who are resistant to treatment, those who may be prone or have a history of relapse, impulsive individuals, or addicts who lack social and emotional support in their daily life.

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Alcohol & Drug Rehabilitation

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Our goal at The Recovery Place is to help the individual with effective group therapy, medication management, psychiatry, individual counseling, psycho-educational groups, addictions education, drug treatment, step-work, coping skills, relapse prevention and family therapy. Our safe, structured, therapeutic environment is the ideal transitional environment for lasting change and freedom from addiction.

Intensive Outpatient Programs

The Intensive Outpatient Program (IOP) is recommended when an addicted person can be ensured of safe living conditions and a daily structure that is supportive for recovery. This is designed to encourage our clients to function in their community while participating in a more intensive form of drug treatment than traditional outpatient settings can offer.

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Family Programs

Alcohol and drug addiction is a disease that affects the entire family. When you are living with someone in active addiction or you are a loving parent living thousands of miles away, your life is severely affected. Our experience is that once a family is educated, they cannot only increase the quality of their lives, but they can enhance the addicted person's chances for success in treatment.

When we work with families, we make sure there is engagement throughout the treatment process by regular face-to-face family sessions with the treating clinician. For those out of the area who are unable to visit, we utilize telephonic conferencing. Additionally, every week our family education program provides an evening full of valuable information to families who are often confused about the treatment process. We understand that those closest to the addict often make well-intentioned, but uninformed decisions that may actually prolong or worsen the severity of the disease

Our Family Program is designed to empower families and provide support while their loved one experiences the benefits of treatment. Family Weekends enhance the recovery process for everyone involved.

Treatment Phases

All of our treatment programs are geared toward giving a person the ability to gradually decrease the intensity and level of care while continually increasing personal responsibility and self-sufficiency. This approach is coupled with a structured, safe and comfortable living environment throughout the continuum of care. This extend formula of support is not common in most other treatment programs and reinforces autonomous functioning and independence.

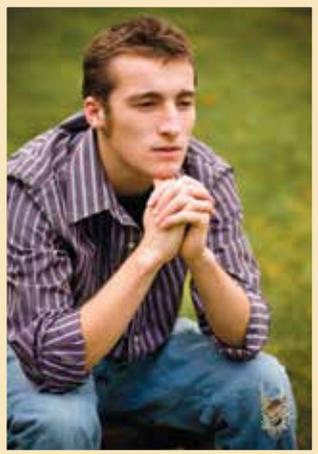
Once a client has completed all of their individual treatment plan goals in any of our full day treatment programs, they are encouraged to continue their treatment at a less intensive level of care.



The Recovery Place provides intensive outpatient programming, outpatient treatment and aftercare services to address this need. Progressively less intense settings allow the client to return to his or her daily life, knowing that there is a group of dedicated professionals behind them to overcome their individual challenges.

From Residential Care to...
Day/Night Community Housing to...
Intensive Outpatient Program to...
Outpatient Program to...
Aftercare to...
Alumni to...
Life!

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Insurance Providers

The Recovery Place accepts most major insurance providers. We have extensive experience working with Aetna, Humana, Cigna, Blue Cross and Blue Shield, United Health Care, and Value Options Behavioral Health Care, allowing their members to utilize their "in network" and "out of network" benefits to cover their stay at The Recovery Place. Additionally we are able to accept private pay funds and work with other insurance carriers.

aetna



BlueCross BlueShield
Association



HUMANA®



UnitedHealth Group



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On Your Way To Treatment

Things To Bring:

- Insurance Card, Prescription Card, Photo I.D.
- Money for:
co-payments, deductibles, snacks, cigarettes, personal needs, etc.
- Current prescription medications
- Clothing and toiletries:
daytime clothes, jacket, beach wear, beach towel, gym clothes, etc.
- Laundry soap and if desired, powder bleach and fabric softener
- Writing supplies
- Your own blanket and pillow if you prefer
- Pictures of family and friends
- iPod, Walkman or other portable device to listen to music



Things To Leave Behind:

- Products with any alcohol content or caustic chemicals, i.e. mouthwash, red wine vinegar, perfume, nail polish, nail polish remover, or flammable products.
- Food and items with excessive caffeine like espresso strength coffee and/or caffeinated energy drinks, i.e. Red Bull and the like.
- Aerosols of any kind, glue, candles, incense
- Cell phones, electronics with wireless connectivity, computer systems or game systems.
- Inappropriate or provocative clothing: halter tops, short skirts and dresses, or tank tops.
- Any clothing depicting alcohol, drugs, gang and/or racial words/pictures
- Sexually explicit materials: magazines, books, posters, clothing
- Weapons of any kind, including pocket knives
- Alcohol, illegal substances and over-the-counter medications

Plans of care aren't rigid or over-structured to the point that they make the patient fit the treatment. Instead, we create a plan and atmosphere that meets the needs of each specific situation.

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My experience here was very rewarding. I was nervous when I first arrived but I instantly felt comfortable with the community. Everyone is such a close family and the staff here are awesome and really work hard for their clients.

-B. F.

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The Recovery Place Online

Our website brings our treatment programs and the expertise of our staff to the fingertips of those in need. This innovation in addiction recovery allows visitors to access our recovery tools and addictions personnel 24 hours a day from anywhere in the world. Of course these tools do not replace our treatment programs, but they do provide added support in the daily lives of recovering addicts.

Blogs

Our blogs allow our alumni to post stories of their daily journeys through sobriety and for our staff to share their experiences with our visitors.

www.TheRecoveryPlace.net/blog

Twitter

Twitter is a free social networking and "micro-blogging" service that enables us to send and read message known as "tweets". We use Twitter as an effective way to share inspiration, experiences, strengths and hopes with others in recovery, especially those taking their first steps toward changing their lives.

Live Web Chat

Live Chats are available for our visitors to directly interact with our personnel. People who initiate a Chat are free to ask any questions about treatment or the process of getting help.

www.TheRecoveryPlace.net



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"My stay at The Recovery Place has been the most positive experience I have ever had. The treatment plans have been greatly beneficial to my recovery. The staff and clinicians have been kind, caring, and supportive. I am leaving here excited about starting my journey with knowledge and tools to use to continue to lead a happy positive, sober and clean lifestyle. Going to The Recovery Place was the best decision I have ever made."

— R.T.



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